**9th Kyu – Red Belt**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Material from previous grading will be re-examined along with the following:

# **KIHON:** Moto Dachi

##### BASIC COMBINATIONS: (performed both left and right sides)

1. Slide in (Yoriashi), Chudan Gyakuzuki, Kaeshi.
2. Step in / step through (Ayumiashi / Oiashi), Jodan Oizuki, Kaeshi.
3. Slide front foot, Kick Mae Geri, Step in / step through

(Ayumiashi / Oiashi), Jodan Oizuki, Kaeshi.

1. Double step - slide back foot up to front foot (Tsugiashi), kick Mae Geri with front foot, Slide in (Yoriashi), Chudan Gyakuzuki, Kaeshi.
2. Kick Mae Geri with front leg, Slide in (Yoriashi), Jodan Maekenzuki, Kaeshi.

# **COMMENTS:**

Re-assess / Pass / Merit / Distinction

Examiner:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_